

## **William J. Giakas, M.D.**

### **Private Practice**

Rockford Psychiatric Medical Services  
Edgebrook Court, Suite 260  
1639 N. Alpine Road  
Rockford, Illinois 61107  
Tel: (815) 395-1500  
Fax: (815) 395-1415  
[www.RockfordPsych.com](http://www.RockfordPsych.com)

### **Date & Place of Birth**

October 1, 1962; Plainfield, New Jersey.

### **Board Certification**

4/1999-12/2019	Subspecialty Certification in Forensic Psychiatry, American Board of Psychiatry and Neurology (#983) <i>(Recertified 8/3/09 through 12/31/19)</i>
10/1995-12/2016	Added Qualification in Geriatric Psychiatry, American Board of Psychiatry and Neurology (#1375) <i>(Recertification through 12/31/2016)</i>
5/1994-1/2009	Diplomate, American Board of Adolescent Psychiatry (#288); Recert. 1/2005-12/2009
11/1993	Diplomate, American Board of Psychiatry and Neurology ( <i>lifetime certification in Psychiatry</i> ) (#38114)

### **Residency Training**

1989-1992	<u>Yale University School of Medicine, New Haven, CT.</u> Residency in Psychiatry.  Chief Resident, Affective Disorders Unit, Yale-West Haven VA Medical Center; 7/91-7/92.  Geriatric Psychiatry, Consultation-Liaison, The Jewish Home for the Elderly, Fairfield, CT; 7/91-7/92.
1988-89	<u>Greenwich Hospital Association, Greenwich, CT.</u> Medical Internship; Yale-affiliated hospital.

### **Academic Degrees**

- 1988 M.D., UMDNJ - New Jersey Medical School, Newark, NJ.
- 1984 A.B., Biochemistry, with Distinction in all Subjects, Cornell University, Ithaca, NY.

### **Certification**

- 4/11-4/12/92 Certification in Electroconvulsive Therapy. "Practical Advances in ECT - The Certificate Course." New York, NY.
- 1989 National Board of Medical Examiners (Part 3) #353047
- 1988 National Board of Medical Examiners (Part 2)
- 1986 National Board of Medical Examiners (Part 1)

### **Academic Appointments**

- 1/93-present Clinical Assistant Professor, Department of Psychiatry, University of Illinois at Chicago, 912 South Wood Street, Chicago, Illinois 60612.

### **Private Practice**

- 8/2/92-present Rockford Psychiatric Medical Services, Director and Owner. Rockford, IL. Self-employed. Multidisciplinary mental health group practice. Providing psychopharmacologic treatment, forensic evaluations, geriatric consultation, nursing home consultation, ECT, inpatient and outpatient treatment, and industry-sponsored pharmacologic research.

### **Medical Licenses**

- 2/6/92 State of Illinois #036-083961 (active), exp. 7/31/2011
- 7/1/90 State of Connecticut #030886 (active), exp. 10/31/10
- 9/5/89 State of New Jersey #25MA05377800 (active), exp. 6/30/11
- 5/18/98 State of Florida #ME -0075766 (active), exp. 1/31/11  
DEA# BG2472900 (exp. 9-30-11)

### **Malpractice Insurance**

- 8/1/06-8/1/10 National Union Fire Company of Pittsburgh  
National Union Fire Insurance/PRMS  
Newark Post Office, P.O. Box 35528  
Newark, NJ 07193-5528 (Policy # PSC01-0681874)

## Speakers Bureau

2009-present	Lilly
2008-present	Sepracor
2000-present	Novartis
2000-present	Forest
1999-2004	Wyeth
2008-present	Wyeth/Pfizer
2004-2007	Sanofi Aventis
2003-2004	Shire
2003-2006	AstraZeneca
2001-2005	GlaxoSmithKline
2000-2004	Pfizer
1999-2002	Janssen Pharmaceutica
1999-2006	NYMOX
1999-2001	Searle
1999-2001	Organon

## Employment

12/98-present	<u>Northwoods Care Center,</u> 2250 Pearle Street, Belvidere, IL 61108. Geriatric Psychiatry Consultant.
11/92-9/30/96	<u>Park Strathmoor &amp; Alma Nelson Nursing Homes,</u> 550 South Mulford, Rockford, IL 61108 Psychiatric Consultant.
11/94-06/95	<u>The Mill School</u> 3445 Elmwood Road, Rockford, IL. Psychiatric Consultant.
8/2/92-8/5/94	<u>SwedishAmerican Hospital,</u> Rockford, IL. Clinical Director, Geriatric Psychiatry, The Center for Mental Health.
11/28/90-1992	<u>St. Mary's Hospital,</u> 56 Franklin Street, Waterbury, CT 06706 Medical Practice Associate, Department of Psychiatry.
1990-1992	<u>Whiting Forensic Institute,</u> P.O. Box 70, O'Brien Drive, Middletown, CT 06457 Psychiatrist on-call.
1/3/90-1991	<u>Fair Oaks Hospital,</u> 19 Prospect Street, Summit, NJ 07901 Psychiatrist on-call

### **Other Staff Memberships:**

- 8/5/92-5/16/2005      SwedishAmerican Hospital,  
1400 Charles Street  
Rockford, Illinois 61104  
(815) 968-4400. Active Staff.
- 1/19/94-1/2000      Rockford Memorial Hospital,  
2400 North Rockton Avenue,  
Rockford, Illinois 61103  
(815) 968-6861  
Courtesy Staff.
- 10/26/93-1/2000      Saint Anthony Medical Center,  
5666 East State Street,  
Rockford, Illinois 61108-247  
(815) 226-2000. Courtesy Staff.
- 9/27/94-7/7/00      Highland Hospital,  
1625 South State  
Belvidere, Illinois 61008  
(815) 547-5441  
Courtesy Staff. (reappointment 1/14/97)

### **Research**

- 9/97-11/98      Bayer Corporation and Rockford Psychiatric Medical Services. Metrifonate Investigational Nationwide Trial (M.I.N.T). A new cholinesterase inhibitor trial of safety and tolerability in Alzheimer's Disease patients.
- 3/96-12/96      Du Pont Pharma and Rockford Psychiatric Medical Services, IL. An Observational Study on the Clinical Management of Patients Treated with REVIA for Alcohol Dependence.
- 1/95-2/96      Janssen Pharmaceutica, Inc., and Rockford Psychiatric Medical Services, IL. Risperidone QD vs. BID Dosing in Schizophrenia (Protocol Ris-USA-60).
- 1/94-5/1/95      Abbott Laboratories, Abbott Park, IL and Rockford Psychiatric Medical Services, IL. Safety and Efficacy of Depakote in the Prevention of Mania in Patients with Bipolar Disorder (Protocol M92-822).

- 7/91-5/93 Yale University School of Medicine, New Haven, CT (West Haven VA Medical Center). Double-blind comparison of bupropion and fluoxetine in medically complicated depressed geriatric patients; Drs. Giakas, Miller, Delgado, Licinio, Rohrbaugh and Charney (APA Poster Session 5/26/93).
- 10/87-12/87 National Institutes of Health, Bethesda, MD. Psychopharmacology research position working with Dr. Steven Paul on the effects of chronic and acute stress on GABA receptor affinity and number.
- 6/85-8/85 CIBA-GEIGY Corporation, Pharmaceuticals Division, Summit, NJ. Dr. Alan Sved, UMDNJ-sponsor; Hypertension and baroreceptor reflex inhibition by muscimol in the nucleus tractus solitarius.
- 9/83-5/84 Cornell University, Ithaca, NY. Molecular Biology Research, Dr. Ray Wu; Sequencing cytochrome-C pseudogenes; plasmid stability analysis.
- 6/83-8/83 Colgate-Palmolive Company, Research & Development Division, Piscataway, NJ. Summer Research Internship; Rheological effects of fluoride electrolytes on cellulosic media.

### **Publications**

- 2000 Giakas, W.J., Davis, J.M., Improving Patient Compliance: Cisapride in the Treatment of Nausea Due to SSRIs. Essential Psychopharmacology, 3:3, 2000.
- 1998 Davis JM, Giakas WJ. Mirtazapine: The first million patients [Abstract]. In: Scientific Abstracts of the 37th Annual Meeting of the American College of Neuropsychopharmacology, December 14–18, 1998. Las Croabas, Puerto Rico: 304.
- 1997 Giakas, W.J., Davis, J.M., Intractable Withdrawal from Venlafaxine Treated with Fluoxetine. Psychiatric Annals, 27:2, February 1997.

- 1995 Giakas, W.J., Risperidone Treatment for a Tourette's Disorder Patient With Comorbid Obsessive-Compulsive Disorder [letter]. American Journal of Psychiatry 152:7, July 1995
- 1992 Holzer, J.C., Giakas, W.J., Mazure, C.M., Dysarthria During ECT for Parkinson Disease and Depression. Convulsive Therapy, 1992; 8:3;201-203.
- 1990 Giakas, W.J., Seibyl, J.P., Mazure, C.M., Valproate in the Treatment of Temper Outbursts [letter]. Journal of Clinical Psychiatry, 1990; 51:12; 525.
- 1987 Catelli, J.M., Giakas, W.J., and Sved, A.F., GABAergic Mechanisms in Nucleus Tractus Solitarius Alter Blood Pressure and Vassopressin release. Brain Research, 1987; 403; 279-289.

### **Memberships**

- 8/14/97-present American Academy of Psychiatry & the Law (AAPL)  
 1/5/96-12/2/02 The American College of Physician Executives  
 1/13/94-present American Society of Clinical Psychopharmacology  
 1993-12/14/07 Association for Convulsive Therapy  
 5/21/92-present American Association for Geriatric Psychiatry  
 3/10/92-12/1/02 International Psychogeriatrics Association  
 9/29/92-present Illinois Psychiatric Society  
 1992-present Illinois State Medical Society  
 1992-present Winnebago County Medical Society  
 1988-present American Psychiatric Association  
 (General Member 12/16/92)  
 1984-present American Medical Association  
 1984-86 New Jersey Medical Society  
 1982 EARS Counseling Organization, Cornell University

### **Committee Memberships and Elected Positions:**

- 11/1/98-5/17/2004 *Chairman*, Department of Psychiatry, SwedishAmerican Hospital (SAH).
- 6/19/98-2006 Medical Advisory Board & Speakers Bureau, NYMOX Corporation.
- 1/12/96-9/18/96 *Chairman*, Department of Psychiatry, SwedishAmerican Hospital (SAH).

1/12/94-9/20/96	Board of Directors, Staffcorp, Inc. A Medical Staff Corporation, SAH, Rockford, Illinois.
8/09/93-9/20/96	Critical Pathways Committee, Department of Psychiatry, SAH.
8/01/94-1/12/96	Vice Chairman, Department of Psychiatry, SwedishAmerican Hospital (SAH).
8/01/94-1/12/96	Chairman, Department of Psychiatry Credential Committee, (SAH).
8/01/94-1/12/96	Member, Department of Psychiatry Credential Committee, (SAH).
2/03/94-8/05/94	Chairman, Specialist Task Force. Purpose is to incorporate medical specialists into the accountable health plan at SAH.
8/05/92-1/12/96	Utilization Review and Medical Records Committee, SAH.
8/05/92-9/18/96	Quality Assurance and Improvement Committee for the Department of Psychiatry, SAH.
8/05/92-8/05/94	Interdisciplinary Quality Assurance Committee, Department of Psychiatry, SAH.

**Formal Presentations\***

12/19/07	“Attention Deficit Hyperactivity Disorder Across The Lifespan.” Grand Rounds lecture presentation for physicians at SwedishAmerican Hospital (CME event).
11/9/06	Alzheimer’s Association Town Meeting, United Methodist Church, Rockford, IL; Panel discussion sponsored by the Alzheimer’s Association and the Mayor’s Office of Education & Lifelong Learning.
10/21/03	“Neurobiology of Depression and Antidepressant Action,” Grand Rounds Presentation, St. Mary’s Hospital, Streator, IL. (CME event).
03/26/02	“Insomnia: Prevalence and Treatment,” presentation to the medical staff, St. Mary’s Hospital, Streator, IL. (CME event).

- 02/13/01 “Advances in ECT,” presentation to approximately 100 professionals (psychiatrists, social workers, psychologists, nurses), Elgin Mental Health Center, Elgin, IL. Sponsored by Wyeth-Ayerst.
- 02/01/01 “Essentials in Antidepressant Treatment,” presentation to primary care physicians and nurses of St. Anthony Medical Center, Rockford, IL. Sponsored by Wyeth-Ayerst.
- 01/30/01 “Exelon in the Treatment of Alzheimer’s Dementia,” presentation to 20 mental health professionals, Elkhorn, WI. Sponsored by Novartis.
- 12/5/00 “Use of Atypical Antipsychotics in the Elderly,” Sponsored by AstraZeneca.. Northwoods Care Centre, Belvidere, IL.
- 11/2/00 “Exelon in the Treatment of Dementia,” presentation for psychiatrists. Sponsored by Novartis. Monroe Hospital, Monroe, WI.
- 11/2/00 “Treatment of the Agitated Older Adult,” presentation for psychiatrists. Sponsored by Janssen. Beloit Memorial Hospital, Beloit, WI.
- 10/4/00 “Advances in the Treatment of Insomnia,” presentation for 55 physicians of different specialties. Sponsored by Searle. India House Restaurant, Schaumburg, IL.
- 03/16/00 Presentation on Sonata to the *State of Illinois Pharmacy and Therapeutics Committee (P&T)*. Purpose was to provide the Public Aid Committee with information on Sonata and receive approval for Wyeth-Ayerst to include Sonata on the Public Aid formulary for IL. *Sonata was approved by Illinois IPA two days after this presentation.*
- 11/16/99 “New Antidepressant Strategies for Treatment Success,” presentation for physicians. Sponsored by Wyeth-Ayerst. Paragon, Rockford, IL.
- 10/22/99 “Advances in the Treatment of Insomnia,” presentation for physicians. Sponsored by Wyeth-Ayerst. Clock Tower Resort, Rockford, IL.
- 09/29/99 “New Dimensions in Dementia”, a Grand Rounds presentation at SwedishAmerican Hospital (Category I CME). Sponsored by Pfizer and by Janssen Pharmaceutica.

- 01/06/99 “Treatment Options for the Agitated Older Adult,” presentation to the organization A.D.M.I.T. (Admission & Discharge Planners Marketing Ideas Together) comprising healthcare staff from hospitals, long-term care facilities, and home health agencies; Rockford, IL.
- 11/21/97 “Diagnosis and Treatment of Memory Impairment: Special Emphasis on Alzheimer’s Disease,” presentation to the general public. Sponsored by Pfizer, Inc. Clock Tower Resort, Rockford, IL.
- 04/12/96 “Advancing the Treatment of Mania in Bipolar Disorder,” presentation to psychiatrists. Sponsored by Abbott Laboratories. Rockford, IL
- 11/07/95 “Treatment of Depression in the Primary Care and OB Setting.” Sponsored by Pfizer, Inc. Rockford, IL.
- 02/08/95 “How Much Stress Is Too Much Stress,” presentation to the general public. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 07/28/94 “Bipolar Illness: Advances in Treatment,” presentation for primary care physicians and mental health specialists. Sponsored by Abbott Laboratories. Rockford, IL.
- 02/17/94 “Maximizing Treatments for Depression,” presentation for primary care physicians, Rockford, IL. Sponsored by Pfizer.
- 10/15/93 “Depression in the Elderly,” Grand Rounds presentation with Category I CME credit. Mendota Hospital, Mendota, IL.
- 09/29/93 “Maximizing Treatments for Depression,” Grand Rounds presentation with Category I CME credit. Sponsored by an educational grant from Pfizer. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 05/02/93 “Find a Bright Outlook, Despite Chronic Pain,” presentation for the Arthritis Foundation. Center for Mental Health, SwedishAmerican Hospital,

Rockford, IL.

- 11/10/92 “Diagnosis and Treatment of Delirium,” Grand Rounds presentation with Category I CME credit. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 10/20/92 “Treating Problem Behaviors in the Demented Adult” presentation for nursing home professionals and para-professionals. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 10/06/92 “Bipolar Disorder: Diagnosis and Treatment,” presentation to the general public. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 06/09/92 “Diagnosis and Treatment of Geriatric Depression,” presentation for professionals and para-professionals. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.

*\*Over three hundred informal lectures, physician roundtable discussions, and other presentations on various psychiatric topics.*

### **Administrative and Management Training**

- 8/19/96-8/23/96 Physicians in Management Seminar I (31 hours), American College of Physician Executives, Chicago, IL.

### **Awards**

- 1994 Physicians Recognition Award for Continuing Medical Education, American Medical Association
- 1988 Dr. David Lyon’s Award, Psychiatry, UMDNJ-New Jersey Medical School.

### **Media Appearances/Interviews**

- 2002 Television commercial for Northwoods Care Center, Belvidere.
- 01/06/99 ADMIT Lecture Series, “Treatment Options for the Agitated Older Adult.” SwedishAmerican Hospital, a

program for coordinators and health care professionals who work with the elderly.

- 11/10/98 WROK Radio-"At Your Service." A half-hour talk show about Alzheimer's Disease, sponsored by SwedishAmerican Health System and NYMOX Corp.
- 06/24/97 WROK Radio-"At Your Service." A half-hour talk show covering psychiatric issues, sponsored by SwedishAmerican Health System.
- 11/11/96 WREX (CH.13)-ABC - 6 PM News. Comments on Police Officers and Posttraumatic Stress.
- 09/04/93 CABLE (CH.19)-New Attitudes. "Geriatric Depression."
- 02/10/93 WIFR (CH.23)-CBS - Stress Series. "How to Cope with Stress.
- 01/04/93 WREX (CH.13)-ABC - Family Violence. "Dealing with Family Violence."
- 12/28/92 WIFR (CH.23)-CBS - Live at Five. "Why We Make and Break New Years' Resolutions."

### **Forensic Cases**

#### References:

Honorable Judge Brian Dean Shore  
Attorney John Still, for RJ Reynolds, North Carolina  
Honorable Judge Timothy J. Slavin, Whiteside County  
Attorney Daniel T. Williams (815-639-3700)  
Attorney William Meister (815-227-4300)  
Attorney David Brassfield (815-398-9700)  
Attorney Gary Spencer (815-772-5194)  
Attorney Gary Kardell (815-963-8488)  
Attorney Michael Loynd, Missouri (314-726-6670)  
Sergt. Brad Lasswell, Belvidere Police Pension Board

Revised 1/10